



# MESA YOUTH BASKETBALL

## RULES

### GRADES K/1ST



1. Games will be officiated according to the NFHS Rule book unless otherwise noted.
2. Play will consist of two twenty-minute halves with a running clock. Play will stop in the last two minutes of the second half if the score is fifteen points or closer.
3. Teams will have two timeouts per half that are not cumulative.
4. Home team will wear white uniforms; away team will wear dark uniforms.
5. One team parent must be available to keep score or run the clock from each team.
6. A player or coach assessed with one (1) technical foul will be ejected from the game and will not be permitted to participate in the next game.
7. If a team is fouled in the act of shooting, they will be awarded one point and the ball. Technical Fouls will result in automatic two points and possession of the ball for the other team.
8. Personal fouls are not kept, however team fouls are.
9. Ball size for grade K/1st is Junior 27.5" ball and games will be played on a 8 foot rim.
10. Stopped Clock the last two minutes provided the score is 15 points or closer.
11. There will be no overtimes.
12. Defense and special rules.
  - Teams must play man to man defense
  - Players are not allowed to double team
  - Players are not allowed to steal the dribble
  - Players are not allowed to block shots by leaving their feet
  - NO backcourt press is allowed
13. At the agreement of the coaches, the game will be stopped every five (5) minutes to allow for substitutions and assign defense match ups.
13. Coaches are responsible for their spectators. Mesa Youth Basketball expects all spectators to promote sportsmanship and support for all athletes. MYB expects spectators to cheer for their team, leave the coaching to the coaches, and the officiating to the officials. Spectators who are unable to exhibit such behaviors will be asked to leave the premises.